**CHOKING ALGORITHM**

**CONSCIOUS VICTIM**

- **ABLE TO COUGH, TALK OR BREATHE?**
  - **YES** → **ENCOURAGE COUGHING**
    - Watch for improvement or deterioration
  - **NO** → **UNCONSCIOUS VICTIM**

  **Adult/Child**
  - Up to 5 abdominal thrusts and if ineffective up to 5 back slaps
  - **Pregnant/Obese**
    - Up to 5 chest thrusts

  **Infant**
  - Up to 5 back slaps and up to 5 chest thrusts if necessary

**STILL CONSCIOUS?**

- **YES** → **REASSESS CONTINUOUSLY**
- **NO** → **CALL FOR ASSISTANCE**

**UNCONSCIOUS VICTIM**

- **CALL FOR ASSISTANCE**
- **Open Airway**
  - Look for and remove any visible foreign material
- **CHECK FOR BREATHING?**
  - **BREATHING**
  - Place in recovery position
    - Check for continued adequate breathing
    - Reassess continuously
  - **NOT BREATHING**
    - **START CPR**
      - **Single Rescuer**
        - 30 Chest Compressions
        - Look inside the mouth and remove any foreign object
        - Attempt 2 Breaths
      - **Child with 2 Rescuers**
        - 15 Compressions
        - Look inside the mouth and remove any foreign object
        - Attempt 2 Breaths

**EMERGENCY NUMBERS**

- Local: ………….
- : 112
- : 10177

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